

CANTERBURY RESIDENTS AID VNA SENIORS

September 17, 2008

Senior citizens who need financial assistance to attend one of the three daytime programs operated by Visiting Nurse Association and Hospice are now receiving help from residents at Canterbury Woods retirement community in Pacific Grove.

The Canterbury Woods Community Outreach Committee has made a gift of \$4,000 to help pay daily fee sponsorships at VNA Adult Day Centers in Salinas, Seaside, and at Hilltop Park in Monterey. The gift also provides additional funds to each Center to provide music at the Centers in various forms.

“It was the perfect project for us,” said Catherine Gordon, Canterbury Committee member. “We are particularly interested in supporting agencies that assist seniors, and we know VNA operates the only Adult Day Centers on the Monterey peninsula. We have had Canterbury residents attend VNA’s Hilltop Center and our committee enjoyed visiting it. Then Randall Morris and I recommended the gift to our Resident’s Council, our executive director, and the Episcopal Homes Foundation which made the grant. Everyone agreed.”

VNA Adult Day Centers are for adults who, because of memory loss or physical frailty, cannot stay in their own homes all day. The Centers provide daytime socialization, education, and appropriate mental and physical exercise, while allowing caregivers time to run errands or rest.

Affordable fees at all three VNA Centers are on a sliding scale, but there are some seniors who need additional financial assistance. Fees at each VNA Center are based on whatever the client is able to pay, and the Canterbury gift will help cover more of the actual costs.

To apply for a scholarship or obtain additional information, call director Mia Gomez at the Monterey VNA Hilltop Park Center, 643-0278; director Laurie Ford at the Seaside Center, 899-7178 or Elvia Perez, director at the Salinas Center, 424-7930. Each Center offers free visits, including lunch.